Operating instructions



Rothewald® Motocross Lift Stand, Order no. 10002890

Used correctly, the Rothewald® Motocross Lift Stand facilitates countless repair and maintenance jobs on your motorbike. Always use the pre-assembled stand with great care in accordance with these instructions and the directions of the motorcycle manufacturer to prevent damage to your motorcycle and personal injury. The Rothewald® Motocross Lift Stand is designed exclusively for jacking up/lifting motocross bikes with lower frame tubes (max. total weight 150 kg), and must not be used for any other purpose.

How to use:

Before using the Rothewald® Motocross Lift Stand, it is essential to check that your motorbike meets the technical requirements for lifting with this stand. The stand's maximum lifting capacity is 150kg (incl. motorcycle accessories). It is designed for a ground clearance of no less than 30cm and no more than 38cm. The rubber platform pad protects the vehicle against scratches. Position the stand centrally under the lower frame tubes, ensuring that the contact area on both sides is sufficiently large. You should therefore first check to ensure that the lower frame tubes are freely accessible. Remember that projecting parts such as floor pans, engine parts, plastic trim, exhausts or manifolds are not suitable bearing surfaces for the stand! Do not jack up the motorcycle on your own. You should always have a second person with you to securely hold the motorcycle upright. Then press down the lever arm of the Rothewald® Motocross Lift Stand, applying slow, uniform force until your motorbike is resting on the stand. The vehicle is only securely jacked up once the lever arm has been pressed down all the way. The person assisting must not let go of the vehicle until it is secure. Before working on your motorbike, secure the lever arm of the stand using the locking pin supplied to prevent it from folding back inadvertently. Once folded down, the pin cannot slip out of position.

To lower the stand, remove the locking pin and slowly raise the lever arm, taking care to lower the motorbike gradually while the person assisting you holds it steady in the upright position on the stand. We recommend loosening any tight screws (axle nuts etc.) before raising the motorbike.

The lift stand has two holes on the central square tube, which allow the stand to be bolted to the ground (sound surface). When the motorbike is lowered, the locking pin can be inserted in the hole at the base next to the lever arm, so that it is always within easy reach.

Safety instructions:

Only use the Rothewald® Motocross Lift Stand on a sound, perfectly level surface (e.g., asphalt, concrete, stone). Never use the stand on loose sand or soft earth, as the motorcycle could slip/fall over and cause damage or injury. Never place any part of your body under the jacked-up vehicle and look out for other persons. Never sit on the motorcycle while it is raised on the Rothewald® Motocross Lift Stand. Since this is a universal product and not intended just for one particular vehicle, it is important to make sure that it is suitable for your type of motorcycle before you use the product for the first time. Always follow the instructions in your vehicle owner's manual and the directions of the vehicle manufacturer. This is essential, as improper use of this product or its unsuitability for a vehicle could impair the safety and/or condition of the vehicle.

Care:

If the Rothewald® Motocross Lift Stand is stored and/ or used in premises with a high level of humidity, protect the metal parts against corrosion with a hard-wax vehicle care product. Moving parts can be lubricated with silicone spray. Only use water to clean the platform (do not use cleaning/vehicle care products).